

THE  
**SUNCLIFF**

SEAFRONT HOTEL  
BY OCEANA

# Studio Class Schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>BALLET DYNAMIC</b> <i>Martine 10.00-11.00am</i> 07915054988	<b>MAMA &amp; ME</b> <i>Steph 9.30am-10am</i> 07849519278	<b>PILATES</b> <i>Kathie 11am-12pm</i> 07775651566	<b>MAMA &amp; ME</b> <i>Steph 9.30am-10am</i> 07849519278	<b>BALLET DYNAMIC</b> <i>Martine 10.00-11.00am</i> 07915054988	<b>ZUMBA KIDS</b> <i>Charlene 9.15-10.15am</i> 07535726240	
<b>YOGA TRAPEZE</b> <i>Zoe 6.15-7.15pm</i> 07779263772	<b>IYENGAR YOGA</b> <i>Kim 10.15am-11.45am</i> 07968090735	<b>ZUMBA ADULTS</b> <i>Charlene 6.30-7.30pm</i> 07535726240	<b>YOGA STRENGTHENING</b> <i>Zoe 11.00-11.30am</i> 07779263772	<b>HATHA YOGA</b> <i>Karley 18.45-20.00pm</i> 07535261325		
<b>BELLY DANCE</b> <i>Julia 7.30-8.45pm</i> 07845378590	<b>VINYASA YOGA</b> <i>Rachael 7.15-8.30pm</i> 07967483769		<b>YOGA TRAPEZE</b> <i>Zoe 11.30am-12.30pm</i> 07779263772			
			<b>DDF DANCE</b> <i>Ashley 7.00-9.30pm</i> 07950663850			