

THE SUNCLIFF

SEAFRONT HOTEL
BY OCCENA

Studio Class Schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
BALLET DYNAMIC <i>Martine 10.00-11.00am</i> 07915054988	CLINICAL PILATES <i>Lesley 9.30am-10.30am</i> 07802317759	PILATES <i>Kathie 11am-12pm</i> 07775651566	YOGA STRENGTHENING <i>Zoe 11.00-11.30am</i> 07779263772	BALLET DYNAMIC <i>Martine 10.00-11.00am</i> 07915054988		PIYO <i>Irina 6.00-7.00pm</i> 07842973622
YOGA TRAPEZE <i>Zoe 6.15-7.15pm</i> 07779263772	VINYASA YOGA <i>Rachael 7.15-8.30pm</i> 07967483769		YOGA TRAPEZE <i>Zoe 11.30am-12.30pm</i> 07779263772			
BELLY DANCE <i>Julia 7.30-8.45pm</i> 07845378590			PRIVATE PRACTICE <i>1.00pm-2.00pm</i>			
			LADIES LATIN <i>Julia 7.00-8.15pm</i> 07845378590			