

STUDIO CLASS SCHEDULE

MON	TUES	WEDS	THURS	FRI	SAT	SUN
10:00-11:00am BALLET DYNAMIC Martine 07915054988	10:15-11:45am IYENGAR YOGA Kim 07968090735	10:30-11:30am PILATES Kathie 07775651566	11:00-11:30am YOGA STRENGTHENING Zoe 07779263772	10:00-11:00 BALLET DYNAMIC Martine 07915054988	9:00-10:00 FULL BODY CONDITIONING Miroslava 07950663850	
			11:30-12:30 YOGA TRAPEZE Zoe 07779263772			
			17:30-18:30 KARATE Kamil			
	17:00-18:00 KARATE Kamil	18:30-19:30 HIIT SWEAT Miroslava 07950663850	18:30-19:30 COMMERCIAL STREET Maisie 07548633608	19:00-21:30 STREET DANCE Ashley 07546345695		
			19:45-21:15 UNTAINT FLOW Laura			